

**Compositional analysis of black soldier fly (*Hermetia illucens* L.) larvae and adults**

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**Appendix 1. Synthesis of cyclopropane fatty acid methyl esters**

**General**

All manipulations were performed under dry N<sub>2</sub> using standard air-free techniques. Glassware was either dried overnight in a 120 °C oven or flame-dried prior to use and cooled under a stream of dry N<sub>2</sub>. Thin layer chromatography (TLC) was performed using silica gel 60 coated plates and visualised with ceric ammonium molybdate (CAM) or 2,4-dinitrophenylhydrazine (DNP) stains. All compounds, solvents and reagents were purchased from commercial sources (Acros Organics, TCI, Alfa Aesar, MilliporeSigma) and used as received unless otherwise noted. <sup>1</sup>H and <sup>13</sup>C NMR spectra were acquired with a Varian VR500 500 MHz spectrometer using CDCl<sub>3</sub> with 1% tetramethylsilane (TMS) as solvent. Chemical shifts are reported relative to TMS signal.

**Synthesis of cyclopropane fatty acid methyl esters**

An oven-dried 4-dram vial was charged with the unsaturated fatty acid methyl ester (0.25 mmol) and equipped with a magnetic stir bar and septum fitted cap. The flask was purged with dry N<sub>2</sub>, charged with anhydrous dichloromethane (10 ml), diiodomethane (10 µl, 1.26 mmol) and cooled to 0 °C in an ice-water bath. Diethylzinc solution in toluene (~1.0 M, 15 wt. %; 1.3 ml, 1.3 mmol) was added dropwise to the stirring solution after which point the reaction was warmed slowly to room temperature and stirred for a total of 3 h. The colorless, translucent solution became turbid white after approximately 3 h. The reaction was monitored by GC-FID until greater than >70% conversions were achieved (5-18 h). Saturated NH<sub>4</sub>Cl (5 ml) was added to the stirring solution and the contents transferred to a 150 ml Erlenmeyer flask. The mixture was further diluted with saturated brine (20 ml), hexanes (20 ml), 10% HCl (10 ml) and stirred for 15 min. The mixture was extracted twice with hexanes (10 ml) and the organic layer washed successively with saturated Na<sub>2</sub>SO<sub>3</sub> (20 ml), 10 % NaHCO<sub>3</sub> (10 ml) and saturated brine (20 ml). The organic extract was dried over MgSO<sub>4</sub> and concentrated under vacuum to afford a colorless oil. The product was purified by preparative silver ion TLC (20×20 cm, 500 µm thickness, impregnated with 2.5 wt. % AgNO<sub>3</sub>/MeOH) using 95:5 hexane:diethyl ether as eluent to obtain >99.95% pure product.

<sup>1</sup>H NMR (CDCl<sub>3</sub> with 1% v/v TMS, 500 MHz)

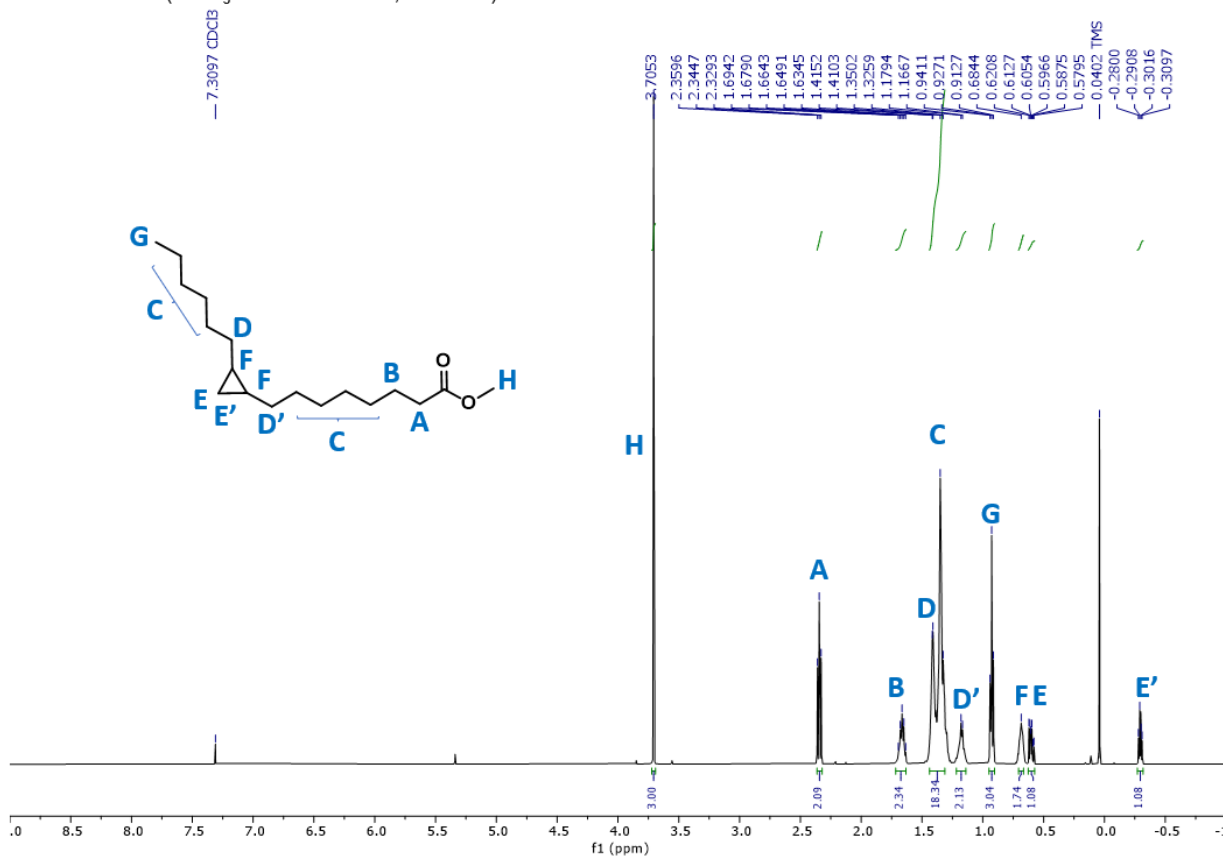


Figure S1. Methyl 8-(2-hexylcyclopropyl)octanoate. <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>) δ 3.71 (s, 3H), 2.34 (t, *J* = 7.6 Hz, 2H), 1.66 (m, *J* = 7.5 Hz, 2H), 1.44 – 1.31 (m, 18H), 1.17 (d, *J* = 6.4 Hz, 2H), 0.93 (t, *J* = 7.1 Hz, 3H), 0.68 (s, 2H), 0.60 (m, 1H), -0.29 (m, 1H).

$^{13}\text{C}$  NMR ( $\text{CDCl}_3$  with 1% v/v TMS, 126 MHz)

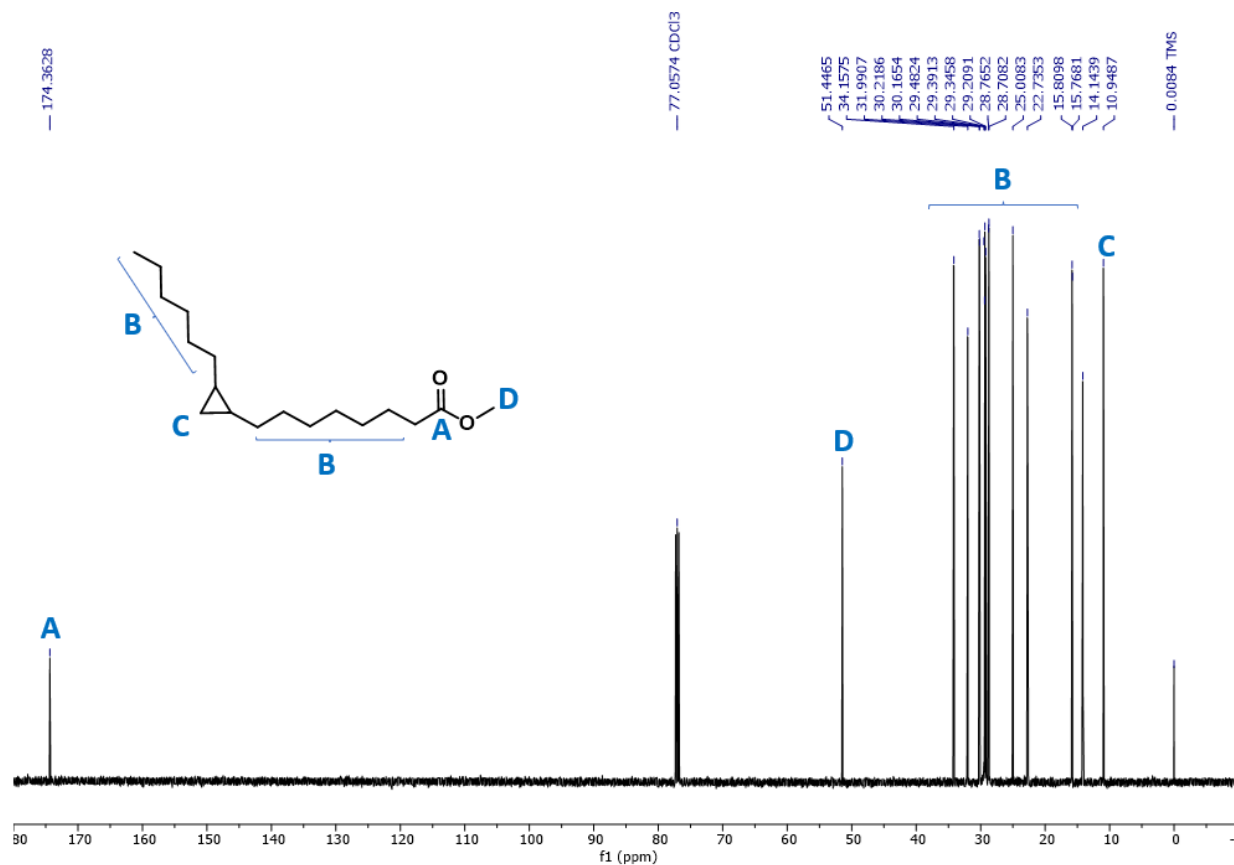


Figure S2. Methyl 8-(2-hexylcyclopropyl)octanoate.  $^{13}\text{C}$  NMR (126 MHz,  $\text{CDCl}_3$ )  $\delta$  174.36, 77.06, 51.45, 34.16, 31.99, 30.22, 30.17, 29.48, 29.39, 29.35, 29.21, 28.77, 28.71, 25.01, 22.74, 15.81, 15.77, 14.14, 10.95.

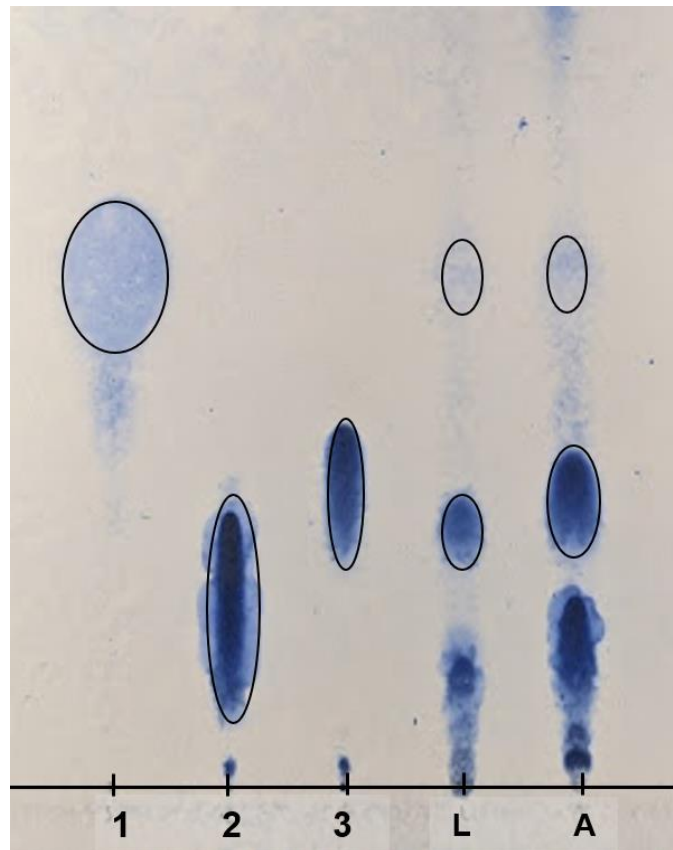


Figure S3. Silver nitrate TLC separation of black soldier fly larvae (L) and adult insect (A) fatty acid methyl ester extracts on silica gel using 95:5 hexane:diethyl ether visualised with ceric ammonium molybdate stain. 1 = methyl stearate; 2 = methyl linoleate; 3 = methyl linolelaidate.

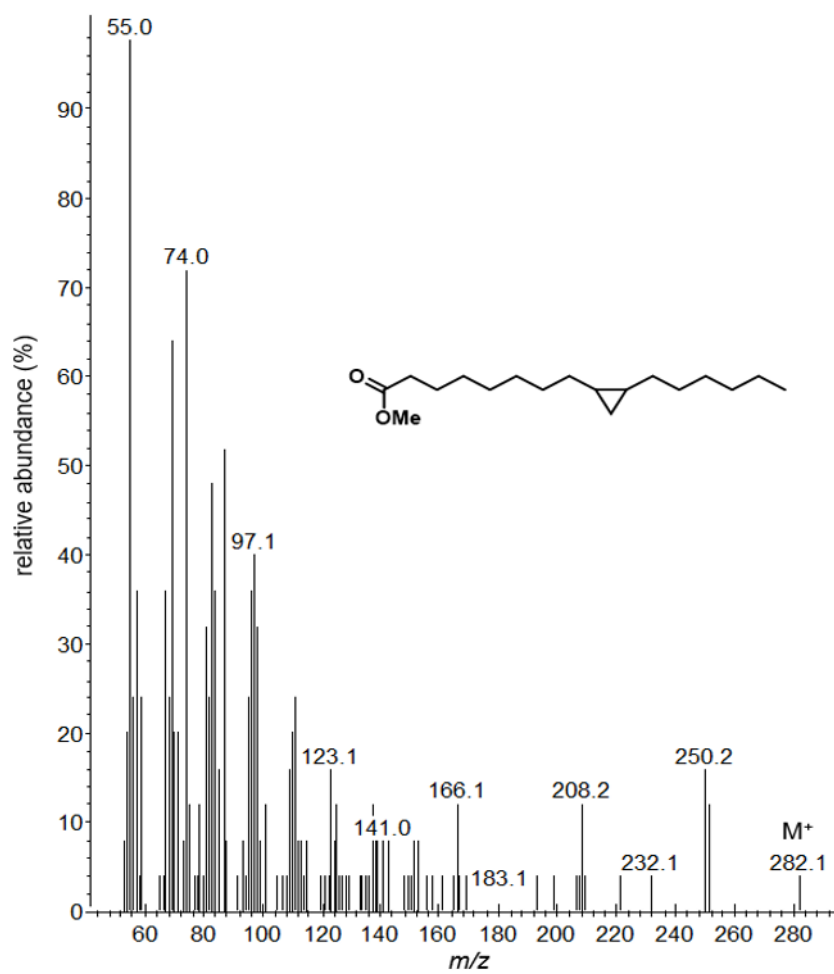


Figure S4. Methyl 8-(2-hexylcyclopropyl)octanoate: EI-MS (70 eV; RI 2013.0):  $m/z$  282.1 (5), 250.2 (16), 232.1 (6), 208.2 (12), 166.1 (12), 74.0 (72), 55.0 (100).

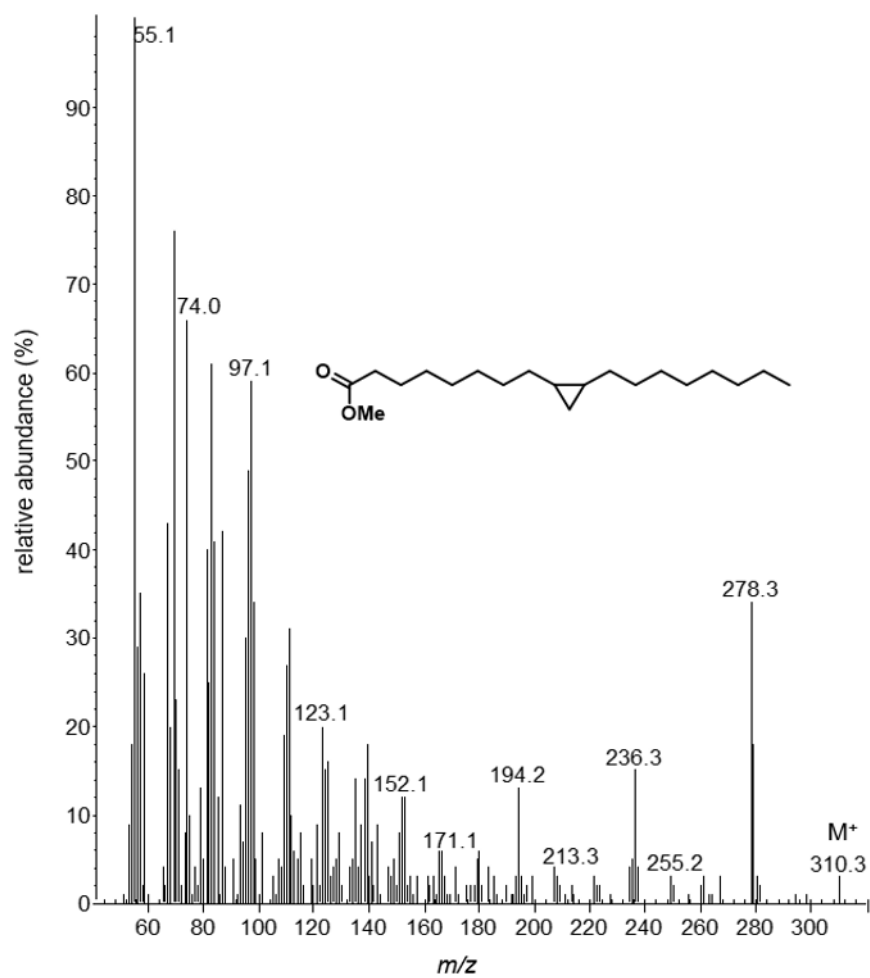


Figure S5. Methyl 8-(2-octylcyclopropyl)octanoate: EI-MS (70 eV; RI: 2213.3):  $m/z$  310.3 (5), 278.3 (38), 255.2 (6), 236.3 (16), 194.2 (14), 74.0 (76), 55.1 (100).

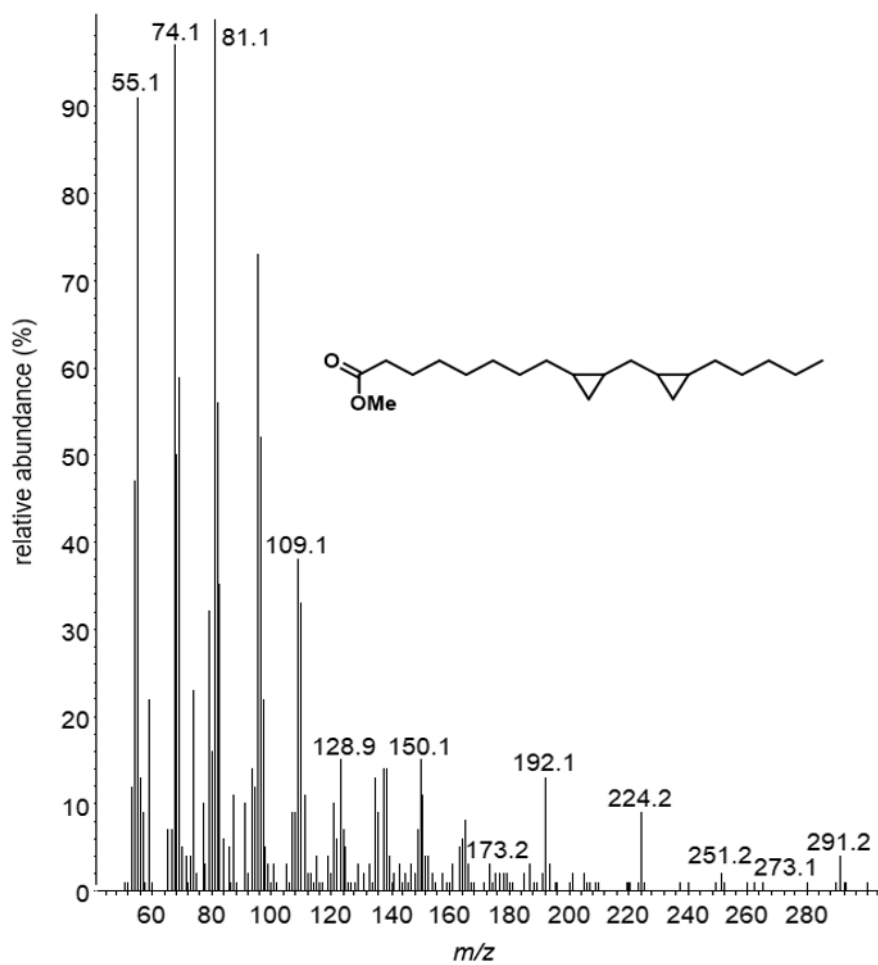


Figure S6. Methyl 8-(2-((2-pentylcyclopropyl)methyl)cyclopropyl)octanoate: EI-MS (70 eV; RI: 2297.3):  $m/z$  310.3 (5), 278.3 (38), 255.2 (6), 236.3 (16), 194.21 (14), 74.0 (76), 55.1 (100).

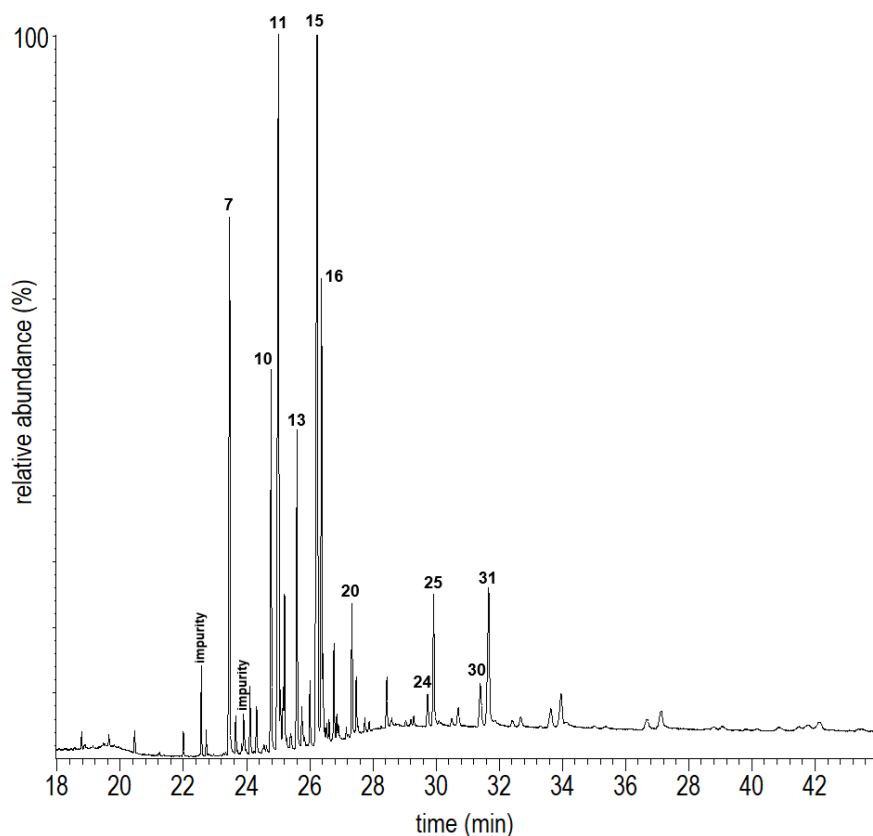


Figure S7. Representative total ion chromatogram (TIC) of black soldier fly adult alkanes. Only select components shown. Refer to Table 4 for quantities; for numbering scheme, start with *n*-nondecane as 1 (numbering scheme not shown on Table 4). 7 = *n*-heptacosane; 10 = *n*-nonacosane; 11 = 11-methylnonacosane; 13 = 3,11-dimethylnonacosane; 15 = 11-methylhentriacontane; 16 = 11,15-dimethylhentriacontane; 20 = 11-methyltritriacontane; 24 = 11-methylheptatriacontane; 25 = 11,15-dimethylheptatriacontane; 30 = 11-methylnonatriacontane; 31 = 11,15-dimethylnonatriacontane.